

FUNDRAISE WITH US

For individuals to find happiness and really shine in their community they need access to the same opportunities as everyone else, regardless of their ability.

WALSINGHAM
SUPPORT Everyone is different

WALSINGHAM
SUPPORT
Community Solutions

HOW CAN YOU HELP?

With your support, we can continue to be there for the individuals we support, empowering them to thrive and live their lives to the fullest.

This pack is a handy guide to explore some of the many different ways you can fundraise for Walsingham Support. For over 35 years we've been putting individuals at the heart of what we do and we're so grateful that you're supporting us in building an equal and diverse society, in which individuals with disabilities are citizens in their own right who are supported to be happy

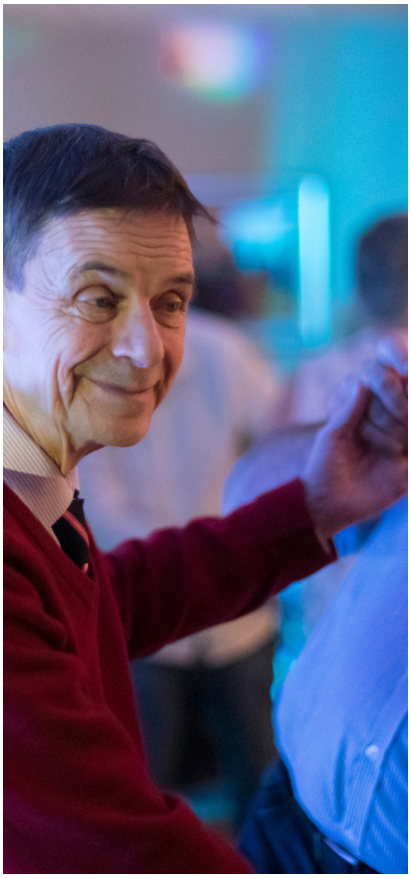
There's something for everyone! If you have any other ideas, we'd love to hear from you and help you bring these to life. You can email us at fundraising@walsingham.com



If the people we support are happy, their families are happy, and our staff are happy – then I'm happy!

- Paul Snelll
CEO











WHAT IMPACT CAN YOU HAVE?

Over the past 35 years, our work has been ensuring that each individual we support has the right to choose how they want to be
supported, the way they want to live and the things they want to do.

We recognise that each individual supported is unique. We work hard to help the individuals we support make the most of their skills.

From long-stay hospitals to residential living to supported living, we have been supporting people with learning disabilities, autism, brain injuries and complex needs across England and Wales.

Your support impacts our ability to deliver truly person-centred solutions that provide independence and happiness.



YOUR IMPACT



£10 can help provide...

swimming lessons, an adapted bicycle or a pair of hiking boots.

£15 can go towards...

a section of a sensory garden or a day out exploring the world.

£20 can help provide...

a barbecue for the summer, a sledge for the winter or a trampoline for bouncing in the sun.

VIRTUAL FUNDRAISING



Virtual Quiz

Be the Quiz Master. Organise five rounds of questions and invite your friends, family to take part in Zoom by donating £5 to play.

Movie Night

Use Netflix's Teleparty, Amazon Prime Watch Party or the Disney+ Group Watch feature and host a movie night for you and your friends, with everyone logging on from home and donating the cost of a cinema ticket to our Virgin Money Giving page.

Virtual Carboot Sale

Declutter and donate! Virgin Money Giving has teamed up with Ziffit.com for you to transform unwanted books, games and DVDs into donations from home! It's completely free and Ziffit will collect your stuff from your front door with ease.

Virtual Tea Party

Host a virtual tea party and donate the price of your daily coffee/croissant/tea to Walsingham Support. Have a cuppa and catchup via video chat, WhatsApp, or over the phone.

Bingo Night

Buckle my shoe, 32! Put together a Bingo nIght at home with a donation of £5 per player!



FUNDRAISE WITH FRIENDS



Host a virtual dinner with a set menu emailed to all participants with a £5 participation donation.

Pick a pattern and create a knitting circle with friends! Other friends and family members can donate to purchasing the finished product.

Teach a class! Online or in-person, we hear Yoga can be fun or even a language.

Start a book exchange! Get a group of friends together, you each pick a name, buy your favourite book, send it to the name you picked and when you receive a book? You donate! Visit drawnames.co.uk to set this up.









SPONSORED MOVES

Get up and get moving with a sponsored cycle, run or swim, the calories you burn have the amazing ability to be converted into incredible opportunities for the individuals we support.

Create a Virgin Money Giving page to get started today!

FUNDRAISE WITH COLLEAGUES



Secret Postman

Secret Postman, It works exactly like Secret Santa, but instead of presents, everyone receives a letter! Invite colleagues to take part by asking them to donate £3 to our Virgin Money Giving page and receive a letter from someone else in the group. Visit drawnames.co.uk to set this up

Auction a pledge

Ask colleagues to come up with a pledge– such as getting coffee for the whole team for a week or getting your boss to wear fancy dress or do a job swap. Auction the promises over the company intranet or on the staff noticeboard.

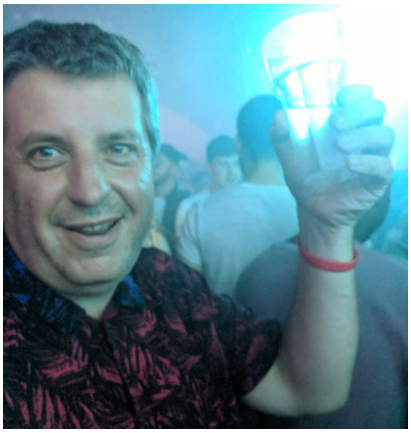
Who's who?

Request baby photos from your colleagues and send them around in a Word document for everyone to make their guesses in 24hrs. £3 donation to play.

Taskmaster

Allocate silly tasks with colleagues to complete within 24hrs and share the entries for individuals to vote for their favourite. Donate £5 each for 5 days' worth of tasks. Example tasks include: Word sneak: Pick a list of 5 random words your colleague has to find a way to say in a meeting, Writing a 35-word story, the best story wins or placing a random object in view during a meeting.







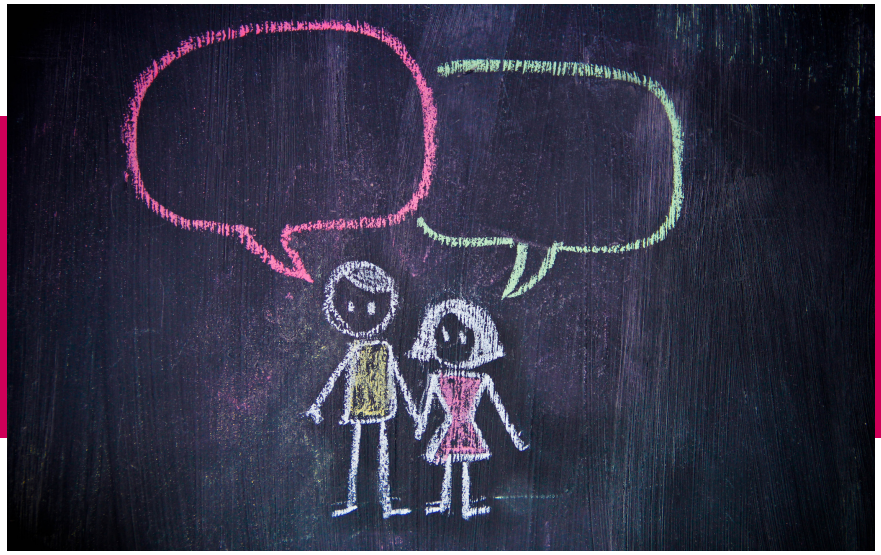


DONATE YOUR TIME

At Walsingham Support, our volunteers are making a huge difference to communities across the UK. Our incredible volunteers have the opportunity to meet new people, not only sharing skills but developing new ones.

Our volunteer scheme ensures that you are well-matched for the volunteer role you're given. We will provide you with training and supervision to support you within your role, ensuring that you are confident and comfortable. Sign up on our website.

FUNDRAISE WITH KIDS



Chores for Cash

Can your children raise money for Walsingham Support by completing chores? Whether it's cooking, washing up and tidying their rooms, each task completed results in a donation for Walsingham Support. The more chores they do, the more money will be donated to u!

35 days with no...?

Want to break a habit? Get sponsored for giving something up or donate the money you're saving – it might be chocolate, swapping white bread for brown bread or other sweet treats!

Read-a-thon

Challenge your children to a certain number of reading sessions and get them sponsored for Walsingham Support!

Sponsored Silence

To much noise in your household? Se if your kids can keep an hour (or more!) of silence, for each hour, donate £5 to Walsingham Support. Make it a weekly challenge!



OTHER WAYS TO GIVE

amazonsmile
You shop. Amazon gives.

easyfundraising.org.uk
feel good shopping

PayPal
Giving Fund