

Creative Learning Activities

Creative sessions

- **Arts and Crafts** - Paint, draw and make, exploring different skills, techniques and materials.
- **Clay and Pottery** - Design and make clay items, glaze them, and see them fired in our kiln. Create something useful or decorative to take home.
- **Drama & Music** - A fun filled session of singing, dancing and acting.
- **Film club** – Watch and discuss films, both old and new.
- **Set Design** – Create the backdrops and props for local productions and maybe even see the shows.
- **Sewing** - Create something individually or as part of a team, by hand or with a sewing machine.
- **Woodwork** - Design and make wooden items from bird boxes to benches. Suitable for both beginners and people with experience.

Independence and wellbeing

- **Cooking** - Choose which meals to cook, learn about food hygiene, food preparation and then cook and eat what you make.
- **Healthy Living** - Set your own goals around wellbeing. Learn about healthy food, exercise, relaxation, and mindfulness. You can even use our very own outdoor gym.
- **Numeracy and Literacy** - Practice reading, writing, money skills and telling the time, all in a relaxed, supportive way that builds confidence.
- **Maintenance Working Party** – help around the site, fix and mend things, improve and adapt the site.

General sessions

- **Morning Club** - Start the day together with chats and shared activities chosen by the group. Walks, talks, crafts, community outings - it's your choice.
- **Variety Club** - A more relaxed afternoon session for those wanting to socialise in a less structured format.

Outdoor sessions

- **Animal Care** - Help care for our sheep, rabbits, guinea pigs and chickens. Learning about the animals and enjoying being close to nature.
- **Bushcraft and Ecology** - Forage, build fires, cook outdoors and learn about wildlife and the natural world.
- **Gardening** - Grow flowers, herbs and vegetables. Learn how plants grow and enjoy being outside in a calm, sensory environment.